

# KIDNEY TRANSPLANT PACKING LIST

Kidney Transplant Office: 833-822-2841, option 2

Please bring the following with you each time you are called for potential transplant or hospitalized due to illness:

✓ **ALL MEDICAL EQUIPMENT:** Remember your caregiver's equipment as well.

**Examples:**

- Home blood pressure machine
- Nebulizer machine
- Glucometer (with test strips and lancets)
- CPAP/BiPAP machine
- Weight scale (if you have one)
- Insulin pump and supplies

✓ **CAREGIVER**

- Must be able to assist you with your post-transplant clinic appointments and activities of daily living (e.g. transportation, bathing, dressing, medications, etc.)
- Time commitment starts the day of transplant and runs through recovery (3-4 weeks after transplant)

✓ **IDENTIFICATION, INSURANCE CARDS, PROOF OF INCOME, CREDIT/DEBIT CARDS, & MONEY**

**Please consider financial obligations after transplant:**

- Hotel Cost (for those living over 50 miles from Birmingham) – 3-4 weeks
- Parking Cost – Approximately \$8 dollars a day during hospital stay
- Medication Cost – Transplant medication often can be costly.
- Food Cost – You are responsible for meals if staying in a hotel after transplant.

✓ **MEDICATIONS IN THE ORIGINAL BOTTLES**

- All medications for both you and your caregiver

✓ **PERSONAL BELONGINGS:** You will be in Birmingham for a minimum of 3-4 weeks after transplant.

**Things to bring:**

- Robe and non-slip house shoes
- Comfortable shoes for walking
- Comfortable street clothing
- Glasses
- Hearing aids
- Toiletries
- Notepad
- Binder to keep important documents