

Supracervical Hysterectomy (SH)

Technique

Procedure involves the removal of the uterus only. The cervix is not removed. The decision whether or not to remove the fallopian tubes and ovaries is a separate decision. If the ovaries are removed, the procedure name includes the term bilateral salpingoophorectomy (BSO).

Incisions

An incision is made on the abdomen for this procedure. The size of the incision is determined by the size of your uterus and the abdominal exposure needed. The incision will either be vertical (from the belly button down to the pubic bone) or horizontal ("bikini cut").

Operative Time

Operative times vary greatly depending on the findings at the time of surgery. Your surgeon will proceed with safety as his/her first priority. Average times range from 45-90 minutes.

Anesthesia

Spinal anesthesia or
General anesthesia

Preoperative Care

Nothing by mouth after midnight

The procedure is usually scheduled immediately after your menstrual period.

Hospital Stay

Inpatient stay for 2-3 days after the surgery

Postoperative Care

These guidelines are intended to give you a general idea of your postoperative course. Since every patient is unique and has a unique procedure, your recovery may differ.

Anti-inflammatory pain medicine is usually required for the first several days to manage soreness and inflammation.

Narcotic pain medicine will be provided to assist with the discomfort from the incision.

Driving is allowed after your procedure only when you do not require the narcotic pain medicine to manage your pain.

Patients may return to work in 4-6 weeks following the procedure.

Your incision may bruise but it should not become red or inflamed.

You will require Pap smears following this procedure.